



Permission to Seek/Provide Medical Treatment for Athlete in Case of Emergency:

In the event of injury or other emergency, we hereby grant Tempe Junior Crew authorization for any emergency medical treatment by the TJC staff or emergency medical personnel to my son/daughter should they become injured or ill while participating. Included in this consent is permission to transport and treatment on the way to a medical facility. We also provide consent to the medical facility to perform any necessary procedures if we cannot be reached and we understand that we are responsible for any payment to said medical facility if insurance does not pay.

Athlete's Name (printed)

Parent/Guardian's Name (printed)

Parent/Guardian's Signature

_____ **Date:** _____



Tempe Junior Crew Fees and Refund Policy:

Membership fees are non-refundable after the first day of the season, or the first day of a trial membership. Membership fees do not include regatta fees, travel fees or uniform purchases. Participation in club fundraisers and parent volunteer participation is required or additional fees may be assessed as per team policy.

Regatta fees are non-refundable within 45 days of the regatta. Once a rower commits to attending a regatta, fees are paid by the team and travel accommodations are made relying on that rower's promised attendance. These plans cannot be changed if a rower cancels for any reason, including illness. Each rower and their parents are responsible for knowing the dates of important events (e.g. SAT exam dates, AP test exam dates, etc.) and committing to which regattas they will be able to attend accordingly.

Athlete's Name (printed)

Parent/Guardian's Name (printed)

Parent/Guardian's Signature

_____ **Date:** _____



Athlete Consent

In consideration of being given the opportunity to participate in any Tempe Junior Crew ("Club") activities ("Activity") until the end of this calendar year, I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. **ACKNOWLEDGE**, agree and represent that I understand the nature of rowing Activities, both on water and land based, and that I am qualified, in good health and in proper physical condition to participate in such Activity.
2. **FULLY UNDERSTAND that: (a) ROWING ACTIVITIES INVOLVE RISKS AND DANGERS** of serious bodily injury, including permanent disability, paralysis and death and property damage ("Risks."); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the Releasees named below; (c) there may be other risks and social and economic losses either not known to me or not readily foreseeable at this time; and **I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES**, (whether to myself, other persons or property damage) I incur as a result of my participation in the Activity.
3. **AGREE AND WARRANT** that I will examine and inspect each Activity in which I take part as a member of the Club and that, if I observe any condition which I consider to be unacceptably hazardous or dangerous, I will notify the proper authority in charge of the Activity and will refuse to take part in the Activity until the condition has been corrected to my satisfaction.
4. **HEREBY RELEASE, discharge, and covenant not to sue** Tempe Junior Crew, the Club, their administrators, directors, agents, officers, volunteers and employees, other participating regatta organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place, (each is considered one of the Releasees herein) from all liability, claims, demands, losses, or damages (including these for bodily injury, death, or property damage) on my account caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releasees, **I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS** each of the Releasees from any litigation expenses, including, attorney fees and costs, loss, liability, damage, or cost which any may occur as a suit of such claim.
5. **I acknowledge and understand that photographs and/or video of me may be taken at any time during practices, club events, regattas and at other club-sponsored activities. I do hereby consent and authorize the publication and use of such photographs and videos on club advertising, promotional, and other materials**, including but not being limited to, the club's newsletter, website, picture board, etc.
6. **I have read this agreement, fully understand its terms**, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

Athlete's Name (printed)

Athlete's Signature

_____ **Date:** _____



PARENT/GUARDIAN CONSENT

I, the minor's parent and/or legal guardian, understand the nature of rowing activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on my own behalf and on behalf of the minor's account (including bodily injury, death or property damage) caused or alleged to be caused in whole or part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, the minor, or anyone on the minor's behalf makes a claim against any of the above Releases, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, including, attorney fees and costs, loss, liability, damage, or cost any may incur as the result of any such claim.

I, on behalf of my minor rower, acknowledge and understand that photographs of my minor rower may be taken during practices, club events, regattas and at other club sponsored activities. I, on behalf of my minor rower, do hereby consent and authorize the publication and use of such photographs on the club's advertising, promotional, and other materials, including but not being limited to, the club's newsletter, website, social media, etc.

Parent/guardian's name (printed)

Parent/guardian's signature

_____ **Date:** _____



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TJC Rules of Conduct and Policies

Rowers will:

1. **Pay required dues and fees on time.**
 - a. Deposits are refundable up to the first day of the season.
 - b. No refunds--of any fees--will be given after the season begins (Email TJC Board President with questions: chair@tempejuniorcrew.org).
2. **Certify before participating that they have attained the minimum swimming ability level indicated on the application.**
 - a. Float test must be completed for rowers to be eligible to participate.
 - b. Completed float test form must be submitted with the TJC application before rowers may participate.
3. **Be responsible for the proper care and use of equipment.**
 - a. Any equipment willfully or negligently damaged or lost will be paid for by the member.
 - b. Removing any equipment from the boat yard without prior coach approval is *forbidden*.
4. **Respect authority:** coaches, chaperones or other appropriate authorities.
5. **Conduct themselves with decorum and good sense.**
 - a. They will behave courteously and considerately, and refrain from vulgar language.
 - b. They will treat others with respect and dignity regardless of their program affiliation.
 - c. They will be aware that possessing, using, or acting under the influence of any Illegal Drugs, Alcohol or Tobacco is unacceptable and not tolerated.
 - d. They will demonstrate support for coaches and fellow rowers, and show team spirit for all Tempe Junior Crew events and competitions.

TJC Practice Rules

Rowers will:

1. **Understand that practice is mandatory, and particularly critical for the competitive membership.**
 - a. **If you are sick**, or have a valid, school-related conflict, exceptions may be made by the coach.
 - b. **Chronic absences** affect your boat and your team. Others rely on you. Crew demands commitment and willingness to take responsibility.
 - c. **Tardiness/inefficiency** slows the whole team. Team logistics and equipment safety require cultivating habits of focus and purposeful motion.
2. **Strive to be on time (or 10 min. early) to all practices, and communicate directly with coaches about schedule issues.**
 - a. **Use all channels available to you:** talk to coaches in person, phone/text them, and/or email them.
 - b. **Report/communicate anticipated scheduling conflicts *as far in advance as possible*** (in person, phone call and/or text/email)
 - i. **Rowers are primarily responsible for their schedules, and for communicating directly with coaches.** Communication is generally expected to take place primarily between coaches and athlete, not coaches and parent. This is one reason all rowers are asked to provide direct contact information as well as parent contact information).
 - ii. **In emergency/last-minute situations**, please communicate in a safe and reasonable manner—i.e.: don't text and drive.
 - iii. **In non-emergency situations**, follow up conversations/texts with a summary email cc'ed to coaching@tempejuniorcrew.org



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- iv. **Note:** Some absences may be considered “unexcused” due to boat/lineup logistics/regatta planning requirements.
 - c. **Rowers arriving late** may be regarded as “extras” and/or assigned to ergs that day by coaches, as boats/seats will already have been assigned.
 - i. **Note:** Chronic tardiness may impact eligibility for seating/boat lineups. See line “2a., 2bii.” if school/other issues are a factor)
 3. **Come to practice prepared mentally, physically and emotionally to work hard;**
 - a. Bring plenty of drinking water with you and make sure to eat something nutritious before and after practice.
 - b. Strive to make every stroke and every piece the very best possible, and not settle for anything less than their best.

Travel Rules and Policies for Rowers

Rowers will:

1. **Submit payment and complete/turn in all appropriate forms and waivers prior to the trip, by the designated deadline.**
 - a. Failure to complete forms or provide payment by the deadline will impact the rower’s eligibility to participate in the regatta.
 - b. Failure to complete forms or provide payment on time will result in the rower not being included in trip plans.
2. **Be responsible for knowing the schedule for the day/trip once an itinerary has been distributed.**
3. **Travel with the TJC team on the pre-approved bus or airline service to and from all TJC sanctioned events.**
 - a. **Be safety conscious when traveling in vehicles.**
 - i. Seatbelts must be worn while traveling in any vehicle during program-sponsored events.
 - ii. Horseplay will not be tolerated in vehicles, and noise must be kept at a reasonable level.
 - b. **Under special circumstances** an athlete *may* be granted permission (by the Head Coach only), to pursue alternate travel plans. **Advance permission is required:**
 - i. **Written notification must be presented for review by the Head Coach two weeks in advance of an event.**
 - ii. Plans must involve travel with the rower’s parent(s) or approved alternate responsible adult.
 - iii. If an athlete abuses the privilege to travel, it will be revoked.
4. **Be present and punctual for all team functions on the trip (i.e. meetings, meals, departures, practices, etc.).**
5. **Inform coaches and chaperones of their whereabouts at all times.**
 - a. Use a “buddy system” when traveling in groups of four or more.
 - b. Each person should have at least one buddy.
6. **Refrain from mixing of genders in rooms when traveling, unless a chaperone is present.**
 - a. Any violation of this policy may result in the rower being sent home at rower(s) or parents’ expense.

This agreement, when signed by you (rower and parent(s)), is a binding agreement between Tempe Junior Crew and all team members. Your signature below confirms that you have read and understood, and are aware of the TJC Rules and Policies, as well as the behavioral expectations/standards to which you will be held.

Failure to comply with the agreement may result in immediate expulsion from the team.



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By signing below, I acknowledge that I have read the above rules and agree to abide by them.

Athlete's Name (printed)

Athlete's Signature

_____ **Date:** _____

Parent/guardian's Name (printed)

Parent/guardian's Signature

_____ **Date:** _____



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TEMPE TOWN LAKE BOATING CODE OF CONDUCT

The Town Lake boating community is very diverse with many different clubs, organizations, and individuals rowing, paddling and sailing with many different goals. The expectation is that each user and group will conduct themselves with behaviors and actions that are based upon respect and good sportsmanship.

When individuals or groups are observed not following this code of conduct, lake users are encouraged to politely notify them of the violation in a timely manner. If it is believed the outcome of the notification would not lead to a productive resolution, contact the Town Lake Boating Coordinator instead.

- Treat others with respect; offensive or threatening language and behavior will not be permitted.
- Users are responsible for maintaining the lake, boat storage area, and surrounding areas free of trash and debris. Please remove or dispose of all personal items from the lake and surrounding area.
- If a user is involved in any situation where others are waiting, it is expected that the user shall view the task as a priority and expedite the process.
- All lake users shall work together to expedite the launching and landing of boats, especially when other boats are waiting.
- Changing of clothes is only permitted in an appropriate facility such as park restrooms.
- Nothing shall be left in a location that blocks access to or movement of stored equipment.
- Use of equipment that you have not been specifically permitted to use is prohibited.
- Passing boats have the right of way in all paddling/rowing situations. Boats being passed shall give way and allow the passing boat ample space to pass on the side of the passing boats choosing.
- All boats operating between dusk and dawn shall have at a minimum a white stern light that can be removed for signaling in case of an emergency and a red or red/green bow light that have 360-degree visibility. Note: Lights must be mounted on the boat and not on individuals.
- Driving in and around the boat storage areas, parking lots, boat ramps and access roads is to be done at a slow and safe speed.



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Violation(s) of this Code by may result in, among other things, the temporary suspension or permanent removal of boating privileges at Tempe Town Lake. This includes loss of permit and storage space, if allocated.

By signing below, I acknowledge that I have read the above rules and agree to abide by them.

Athlete's Name (printed)

Athlete's Signature

_____ **Date:** _____

Parent/Guardian's Name (printed)

Parent/Guardian's Signature

_____ **Date:** _____



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TEMPE TOWN LAKE JUNIOR ATHLETE CODE OF CONDUCT AND SIGNATURE PAGE

This document is the Tempe Town Lake Jr. Athlete Code of Conduct. TJC must keep signed copies of this document on file.

Tempe Junior Crew (TJC) is one of many groups sharing space and resources associated with the Tempe Town Lake rowing community. We agree to abide by the guiding principles and rules governing boating-related activities on the city-owned lake. Every rower on the lake is required to sign this document. Knowing the rules is important; it is how we get access to do what we do on the lake.

Tempe Town Lake, the boat storage areas, and their surroundings are all part of a public park; all actions of the rowing community while within the park must be maintained to a high standard since these actions are scrutinized by the general public.

The boating community on Town Lake is very diverse with many different clubs, organizations, and individuals rowing, paddling and sailing with many different goals. It is important that all groups and individuals remember that everyone is a representative of the Town Lake Rowing, Paddling and Sailing Community. The expectation is that each user and user group will conduct themselves with behavior and actions that are consistent with friendly rivalries, including adherence to the general rules of good sportsmanship, respect for each other, respect for all programs on the lake, respect for each other's equipment and general behavior that is in line with the development of recreational boating on Town Lake.

- When individual rowers/paddlers/sailors or specific groups are observed not following this code of conduct, lake users are encouraged to politely notify them of the violation in a timely manner. If it is believed the outcome of the notification would not lead to a productive resolution then contact the Town Lake Boating Coordinator instead.
- Offensive language is not permitted.
- All users must be respectful to other park users, boaters, instructors, Town Lake Operations staff members, any authority figures on the lake.
- All users are responsible for maintaining the lake, boat storage area, and surrounding areas free of trash and debris, even if the trash was not discarded by yourself or the group you represent. Do not leave towels, personal items, clothing, or trash lying around the storage area.
- When using the boat beach, the marina docks or boat ramps, washing equipment, using the restrooms, or involved in any situation where others are waiting, it is expected that the users shall view the task as a priority and expedite the process.
- No changing is allowed in the parking lot, or boat storage area.
- All users shall wear appropriate athletic clothing. Inappropriate coverage and 'undergarments only' are not allowed.
- No one should leave their cars overnight in the boat storage parking area. The City assumes no responsibility for cars parked in this area.
- When handling equipment within the boat storage areas, extreme care shall be used. All actions within the boat storage areas will be conducted in a manner that does not risk damage to stored equipment. All equipment stored within the boat storage shall be returned to its assigned location including boats, ergs, tools, oars, dollies, lifts, slings, etc.
- Nothing shall be left in a location that blocks access to or movement of stored equipment. This includes boats in slings, stairs, lifts, ergs, group meetings, oars/paddles, sails or other items.
- No bicycles, weight training equipment of any kind or personal equipment shall be allowed in the boat storage area without prior permission from the Town Lake Boating Staff. A Coach's or Club President's permission does not satisfy this requirement.
- All Boat Storage Facility gates must be closed unless a person is present and actively utilizing the storage area.
- The water hose shall be stored in the cage with the water turned off when not in active use. The water hose shall not be used for any non-rowing related personal use, for example washing personal vehicles.
- Use of equipment that you have not been specifically permitted to use is prohibited.
- Any land warm-up or land training activities should be conducted away from the boat storage and boat washing areas. At the West Storage, the Marquee Theatre parking lot shall not to be used for erging, land warm-up, team meetings or other activities that will interfere with Marquee events. At the marina the access road is not to be used for any of the previously mentioned activities.



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- All boats must be tied down when stored on racks. Use cautions when strapping/un-strapping boats, and insure that strap buckles and/or other objects do not touch other stored equipment.
- Passing boats have the right of way in all paddling/rowing situations. Boats being passed shall give way and allow the passing boat ample space to pass on the side of the passing boats choosing. In sailing and power boat use the rules are that a boat being passed is the stand on vessel and the overtaking boat is the give way vessel.
- All lake users shall work together to expedite the launching and landing of boats, especially when other boats are waiting. No boat shall take more than 3 minutes to clear the dock, beach or boat ramp when launching or landing while other boats are waiting.
- All boats operating between dusk and dawn shall have at a minimum a white stern light that can be removed for signaling in case of an emergency and a red or red/green bow light that have 360-degree visibility. Note: Lights are to be mounted on the boat and not on individuals.
- Driving in and around the boat storage areas is to be done at a slow and safe speed, with no one playing games behind the wheel of any vehicle. All vehicles are to be operated with a 'safety first' attitude because of the heavy pedestrian and boat traffic present.
- Although it would be impossible to list every infraction, the basic understanding of this document is that all lake users will conduct themselves properly in all circumstances.

My signature below indicates my agreement to abide by the above listed and implied rules and procedures.

Athlete's Name (printed)

Athlete's Signature

_____ **Date:** _____

Parent/Guardian's Name (printed)

Parent/Guardian's Signature

_____ **Date:** _____



Acknowledgement of TJC Athlete/Parent Handbook:

Prior to signing this document, please review the TJC Athlete/Parent Handbook available on the TJC website.

We acknowledge that we have read and understood the TJC Athlete/Parent Handbook. We further understand that if we have any questions regarding its content that it is our responsibility to contact a TJC Board member for clarification.

When signed by the parent(s) and athlete, this document constitutes an acknowledgement of understanding of, and an agreement by parents and rowers to abide by, the terms and conditions of membership as articulated herein by TJC.

Athlete's Name (printed)

Athlete's Signature

_____ **Date:** _____

Parent/Guardian's Name (printed)

Parent/Guardian's Signature

_____ **Date:** _____